## CHAT NOTES - NOVEMBER 17, 2013

from Michael Keogh to Everyone: But are not space and time modes of experience rather than contents of experience

from Michael Keogh to Everyone: How can there be experience without them? That is how experience is presented to us

from Philip Gold to Everyone:

Whatever exists, if anything does exist, certainly is not dependent on words that we created to try to explain our experience. Nothing is presented to us. We just inhabit what exists or doesn't exist, don't we? We are part of it. And who guarantees that what exists has any permanent characteristics? So, it is very likely that time and space don't exist, as such.

from David Filippone to Everyone:

When I become very calm, I experience the input from the senses, if I calm down even more I experience that input before I begin to characterize it in terms of what it is, smell, sound, etc. That raw input of events might be considered basic elements of the flow of time.

from Robert Reyerse (privately): the experience of time seems married to movement, movement of breath, the wind, thought, ...

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from Caroline Sherwood to Everyone: I think durer means 'to last'

from David Filippone to Everyone: please spell the French philosophers name?

from Michael Keogh to Everyone: Bergson

from David Filippone to Everyone: oh yes thank you

## from Michael to Everyone:

Bobbing up and down, as when out past the breaking surf, rocking back an forth, as if sitting on a branch of a tree in a breeeze, there doesn't seem to be a need to respond or explain or connect with anything outside of us.

from Ron to Everyone: Present moment is overrated :)

from Philip Gold to Everyone: Michael, are you suggesting that time and space are outside of us? I feel better with the idea that we are in them, part of them.

from Michael to Everyone: Philip, I felt more that I was one with the water or the wind.

from Ron to Everyone: Be Here Now revisited

from Ron to Everyone: Ha ha!

from haywardf to Everyone: perhaps the present is related to the consolidated self

from Ron to Everyone: "A Whole Lot of Time Gets Left Out" -- excellent way of putting it. Sort of a discounted, Walmart brand of a cheapened time.

from Ron to Everyone: Yes the "BE" part of "Be Here Now"

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But wouldn't the disappearing present moment though be prized by insight/vipassana meditators as being in touch with arising and passing away?

from Dan to Everyone: Yes -- I think the momentary "now" model is, in my experience, as the major focus.

from Dan to Everyone: ...in Vipassana meditation that is...

from Ron to Everyone: Thanks