

Chat Notes: May18, 2014 Phone Call

from Michael G to Everyone:

I've heard that "not knowing" is a good way to approach knowledge as a theme.

from klaus noldes to Everyone:

other terms: spontaneity, creativity, unpredictability

from Philip Gold to Everyone:

I feel I have this "aliveness" experience when playing jazz and free improvisation, together with other musicians and for a close audience (at parties for example), when there are no rules operating on how we will play and the reaction of the audience influences and becomes a part of the music. It's perhaps the situation when I feel most alive.

from Philip Gold to Everyone:

My "self" at the we times seems to extend to include musicians and audience

from Michael G to Everyone:

improvisation improves?

from ken to Everyone:

Aliveness does not preclude stillness.

from Bruce to Everyone:

the etymology of improvise: 'not foreseen, not prepared, not expected'

from ken to Everyone:

One could keep circling around the missing note. Silence becomes inspiration.

from Michael G to Everyone:

the future is given an equal voice (balancing that of the past) in the dance of the present.

from Michael G to Everyone:

the future is given an equal voice (balancing that of the past) in the dance of the present.

from ken to Everyone:

Change circling to dancing. The present other than the pre-sent?

from Michael G to Everyone:

Ken, does the self have to fall silent to create a missing note in the midst of a greater whole?

from ken to Everyone:

The missing note is the non-dimensional note. Creation might be a deep finding.

from ken to Everyone:

Zeno's paradox does not keep us from thinking that we go places.

from Michael G to Everyone:

I find that I can't believe that I have a problem until I see the possibility of a solution. Being told that I am operating in a flawed way only sinks in once I can see a way out of that fallacy.

Rinpoche always follows his painful exposes of the nonsensical view of time with a new path into a richer kind of time. then I can begin paying more attention to the new possibility.

from ken to Everyone:

Now that's cool.

from ken to Everyone:

What is going on? One great question!

from Karin Tommack to Everyone:

Perhaps we cannot follow the logic that the self is only a story, because we cannot imagine another possibility - we cannot live with no answers.

from klaus noldes to Everyone:

the alternative: choosing the unknown

from Philip Gold to Everyone:

When I am playing the improvised music no-one is choosing the known, neither the unknown, no need to choose

from Michael G to Everyone:

I bet everyone in this class has made the leap into the unknown at some personal juncture-- otherwise we wouldn't be here listening to Jack on a Sunday morning.

from John to Everyone:

Yes, Philip, focused physical doing bypasses the thinking of the self and enters into a more profound flow... I experience this in climbing and tracking

from Philip Gold to Everyone:

AGREED!!!

from klaus noldes to Everyone:

the self cannot chose the unknown but a wider knowing can.

from John to Everyone:

So, the question is how do we access this more profound flow in every activity and internally in our experience of thinking and storytelling. Going deeper.

from haywardf to Everyone:

does the self choose to know, or is sef a consequence of a way of knowing?

from Ron to Everyone:

Old Zen phrase, "Beyond picking and choosing"

from Ron to Everyone:

Sort of reminds me of the Zen valuing of spontaneous knowing/acting

from ken to Everyone:

Thom Gunn says that open interest bypasses the self, like love.

from Philip Gold to Everyone:

I often think we should cultivate simultaneous talking in work meetings, as in music improvisation, forcing everyone to be spontaneous without falling into habits. Results can be very interesting as I have found in some simple experiments.