# Chat Notes – August 24, 2014

#### from David Filippone to Everyone:

Developed a sensation of floating, not being anchored by my usual sense of touch... distant sounds expanded my space as well... felt very much like the generating space exercises where overlapping sense fields expand awareness... not much thinking going on... aware of being aware.

#### from John to Everyone:

At a certain point the primacy of light transcended the world order and all things, including myself, had the substrate of light. Space was highly intimate and everything had a 'lightness' in both senses of the word. Was the logos functioning at this point - it didn't seem so.

#### from Michael G to Everyone:

The surrounding luminosity radiated inward, where I felt my location to be, then when the radiance became a glow, I could feel myself melt into it and be part of the radiating outwards.

#### from Soudabeh Azizi to Everyone:

Could not help it, but connect it to the lights of the Bardo of dying and the lights separating as deities in some of the practices of Powa ...connecting the lights that the eye sees comes from inner light ...

from philgold01 to Everyone:

Sense of just merging with, returning to being universal infinite milk of awareness

### from Eliana Kalaf to Everyone:

It seems to me that space and knowledge, or openness and light are so connected that we can only expand them together

### from Bruce to Everyone:

This experience was different from recent ones with this exercise. Usually, it is surprisingly easy to add a 'knowing' quality to the light, but this time it took a moment -- till I saw my own body or 'space' seemed like a knowing light itself. Then I allowed this to be expressed by the light in front of me as well. There was a tactile sense of being 'touched' (and known) by the star's light. I added multiple stars all around and felt an intensification of the light, which seemed more to want to flow 'in' to the black hole of my 'space' than to expand out. But the sense was the same: intensification (time?) and illumination co-incided, and subject, object, and gap between all were luminous gestures or expressions that merged and there was only this brilliant implosion of knowingness.

#### from klaus noldes to Everyone:

In Kum Nye TT is also talking about a third level, where there only pure energy

# from Michael G to Everyone:

Is it possible to have knowledge of our society--it's nature, mistakes, potential--flow into our awareness by welcoming the "logos"? Or is the benefit or sensing the "logos" less detailed than that? Can we only open to knowledge itself, not its presence in the logos?