

Chat Notes: May 24, 2015

from Michael to Everyone:

Perhaps the gaps in the picture composed by ordinary knowing indicate that ordinary knowing is unable to comprehend the underlying wholeness. And for another way of knowing, more at home in wholeness, there would be no gaps?

from Eliana Kalaf to Everyone:

when I conduct time inward, I feel that I am bringing another dimension to the experience. The awareness opens and knowledge makes itself available. Self and object are included and the gap disappears because I now can see that there is no 'out' side.

from John to Everyone:

One thing that I noticed is that my thoughts were more open and creative because they didn't need to be tracking my usual concerns or the story of the external world. It also makes it easier to feed time into time - more connected to the invariable depth of time.

from Michael to Everyone:

Treating experience like a singularity in time, appearance felt like a place (a vacation spot): the tree branches were free to sway, birds came and went, myself breathing. The sense of a sequence of separate events gave way to a sense that I was being invited into a place free of separation or upheaval.

from Michael to Everyone:

When we can see our experience as oscillation--like the seasons, swaying branches, gently bobbing waves--life seems welcoming. But when we see a sustained evolution in one direction--such as global warming, personal illness, personal worries--life feel threatening. I wonder if a wider perspective can see everything as a natural back and forth, a comforting oscillation . . .

from John to Everyone:

the oscillation of 'life' and 'death'

from Eliana Kalaf to Everyone:

For me TSK points to us how we can welcome all the oscillations.