

Chat Notes: May 31, 2015

from Ron to Everyone:
Wisdom sounds too far removed

from Ron to Everyone:
Wow

from Ron to Everyone:
When you say "the being of that world" you mean we are intimately being in knowledge that knows no separation?

from Karin (privately):
I am sorry, the connection is very bad. There is no sound, I cannot go on listening.

from Eliana Kalaf to Everyone:
It helps a lot for me to practice the exercise subject object reversal. With this exercise I can feel the drive from subject and also from object and find a balance between them. This balanced connection helps me to feel the aliveness and the fullness of being. It seems that connections is the key to the fullness of being.

from Ron to Everyone:
Strange. Sensed many beings in space in my room almost a cacophony of intelligences that were normally invisible and inaudible

From David Filippone (privately):
Feels like a more allowing awareness, an opening of focus, or relaxing focus to let more in... more of the sensual, more of what is happening in the other room, phone calls by others to relatives thousands of miles away, and what they are feeling and thinking.

from Philip Gold to Everyone:
Imagine seeing the plant/flower as if we had no previous experience of anything at all, no words to describe it, nothing to compare the plant/flower to. no previous sense of being separate - I can't see me (no mirror) so I just don't exist separately from the plant/flower?

from Michael to Everyone:
The first response to this exercise is to hold back from the usual labeling of an object (which immediately substitutes a "concept" for any kind of richer experience. This made me more interested, engaged, and I keep looking. I can't say that I noticed imagination so much as a willingness to stay present..

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from Ron to Everyone:

Sounds like Rinpoche is saying we imagine our limits into being

from Soudabeh Azizi to Everyone:

I find myself to engrossed in the object ... some sort of being consumed with the presence of all that I encounter ... as if there is a far seeing or over all seeing is missing ...

from Ron to Everyone:

Concepts are imagination forgotton

from Ron to Everyone:

Meta-awareness sort of?

from Ron to Everyone:

Meta cognition ok sounds back to bring conceptual about ones concepts

from haywardf to Everyone:

concepts are imagined and yet seem so real!!

from Soudabeh Azizi to Everyone:

A couple of readings ago Rinpoche said:

from David Filippone to Everyone:

Looking out the window, thick green bushes give way to tree branches beyond, to some space and more branches beyond that, and beyond that sky... I think of layers, and depth, of more than meets the eye, room for further exploration.

from Eliana Kalaf to Everyone:

Concepts can be opened to other meanings and other feelings. Our imagination can help in this opening, imagining that it could be different.

from Michael to Everyone:

The belief that we can create or destroy the world is scary. It is probably necessary, if we entertain that possibility to also believe that we only construct a world that exists in an imaginary space. But then it is easy to say that this doesn't mean much. The hope that we could see everything transformed, more full of color, depth, resonance--that seems worth cultivating. But then I would still want to believe that I had contacted something real, reliable, and a home ground to which I might return . . .

from Soudabeh Azizi to Everyone:

Our reality/experience is rooted in our concepts/our beliefs, and our beliefs/concepts are empty and insubstantial ... this is so powerful knowing, yet the conditioning pulls me to my habits of seeing things substantial!!!

from Ron to Everyone:

That's powerful

from Ron to Everyone:
Powerful to reimagine imagination

from Ron to Everyone:
So in a way we can celebrate our limits as a doorway into appreciating the how such limits are the products of vivid imagination - a great magical trick that gives us the illusion of the real

from Ron to Everyone:
Sounds like a TSKish going for refuge

from Ron to Everyone:
Very nice