

TSK Online Chat — June 19, 2016

From Kathleen Daly: Hello Everyone. Happy Father's Day

From DavidFilippone : Same to you :-)

From Lee : To you too!

From Eliana : Hello Everyone.

From Michael :

A delicate balance between feeling crowded by things, people, problems, responsibilities . . . and welcoming the richness of opportunities, allies, and engagement. the whole as a tumbling wall or an open doorway.

From Eliana :

With the space at the center of experience I can feel myself connected and I feel intimacy. The way awareness is working is very important. A panoramic awareness.

From klaus :

inhabiting the whole shows that thoughts are tiny little parts of the whole, but most of the time they seem to be all that is there.

From iPad : I show up to quickly disappear, yesterday's news, alert to having just been.

From Michael : New flash: I was just here but now I'm someone else? Who is iPad?

From Karin : Richness of being here - kind of remembering me.

From Ron Purser : What about read outs? the presenting of body, mind, thoughts etc

From DavidFilippone :

The 'steady stream' of thoughts subside, the somesthetic sense is fully present, and a more global sense is acceded... knowing presence seems to be the center of experience, as self-concerns, even thoughts and stories take a sidebar sphere. There is a fullness to awareness.

From Klaus : the whole is more than all parts of the whole.

From Soudabeh Azizi :

Read out is dual' subject object is as if in edged, while in inhabiting the whole , that separation falls away ... Knowing it- all is conjured by the foundational space...

From Soudabeh Azizi : Bystander is localized

From Soudabeh Azizi : In Inhabiting space ,awareness is not localized

From Michael :

Perhaps: a self in it's field of relationships is like a spider on its web. If the web vanished the spider would have no realm of being. Space can be seen as more essential than the pairs spider/web or self/field.

From Ken : The self is a flickering.

From Ron Purser : thinking as friction-fiction

From Ron Purser : isn't the issue also how thoughts are linked to ownership? only the self is the one who can know

From DavidFilippone :

We're always thinking to maintain self-existence...for everything we see, every idea we bring forth, every object we conjure, we see ourselves reflected in it, like seeing our own image in a pool. All objects refer back to me because they came from me, and it is this circle of subject relating to object that I construct meaning out of the stories I summon, reprise, and recite...I reel off, let slip, call upon and fill in with stories... continuously.

From Karin : So what is going on when we are not thinking?

From Ron Purser : Caution: the self can tell a no thinking story too.

From Klaus : the self can only know parts of the whole, but the whole cannot be known by a self, only by awareness.

From Michael : Very nice, David. We're all artists whether we enjoy it or not.

From Ken : Maybe we subscribe to ourselves?

From Ron Purser : dramaturgical artists

From DavidFilippone : Ha Ha :-)

From Klaus :
Some thoughts have more gravity that pulls more thoughts of the same kind, a story forms. where is that gravity coming from?

From Hayward Fox : Emotions are the feelings we live.

From Hayward Fox : It is an embodied way of knowing

From Michael :
Like the emperor who is discovered to have no cloths, can a thought be revealed to have only imagined stories. What would it feel like to have naked thoughts arising in emptiness?

From DavidFilippone : embody is that somesthetic sense, that base camp

From Lee : I once heard this analogy: moods are like seasons and emotions are like daily weather...

From Ken : Story: emotionally connected thoughts.

From Soudabeh Azizi : More familiarity with stillness, spaciousness, and stabilizing it, allows to see the gravity ', feel it, yet not believe its read out or claim...

From Hayward Fox : there is the experience of a separate self that HAS experience